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## CHECKLIST EMERGENCY KIT

## **BUILD YOUR OWN**

This handy checklist is an easy way to try and make sure you have what you need when you need it

**JUMPER CABLES** 

Plus flares or triangle reflectors for some extra noticeability

**C** LUBE

quart or more of motor oil • gallon of coolant • paper towels **Note:** check your user manual for the correct types

TIRE REPAIR

tire pressure gauge • can of tire inflater and sealant

FIRST-AID KIT

first-aid manual • sterile gauze pads of different sizes • adhesive tape • adhesive bandages in several sizes • splint • antiseptic wipes • antibiotic ointment • acetaminophen and/or ibuprofen • tweezers • sharp scissors • disposable instant cold packs • calamine lotion • alcohol wipes or ethyl alcohol • thermometer • prescription medications with extras

**ESSENTIALS:** 

flashlight and extra batteries • blanket or space blanket • list of emergency phone numbers (hard copy) Add:

TOOL KIT:

**Basics:** screwdrivers • pliers • adjustable wrench • pocket knife Add:

FOOD:

Extra: granola or energy bars • bottled water • non-perishable protein source Add:

Contact your Grinnell Mutual agent with questions about your auto policy.

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